

IRONKIDS

The second annual Ridgway YMCA Kids Triathlon was held this past Saturday, June 19th, with 18 triathletes participating. The YMCA Staff and volunteers assisted by the Ridgway Police Department and Ridgway Fire Police ensured the safety of all of the young athletes as they swam, biked and ran their way to the finish line. The intent of the YMCA Kids Triathlon is to provide the kids with fun way to physically and mentally challenge themselves while promoting a healthy lifestyle full of activities.

The kids were divided by age and gender into eight groups with the individual events adjusting for age as follows:

<u>Age</u>	<u>Swim</u>	<u>Bike</u>	<u>Run</u>
5-6	30 yards	½ mile	¼ mile
7-8	30 yards	1 mile	¼ mile
9-10	60 yards	1 mile	½ mile
11-12	90 yards	1 mile	½ mile

All triathletes received ribbons of participation and the top 3 finishers in each division were awarded the gold, silver and bronze medals. Most important is the fact that the kids challenged themselves and had a good time staying fit ... and that makes them all winners!

The Ridway YMCA Kids Triathlon continues to grow each year and judging by the smiles from the kids, parents and spectators alike next year will be even better.

The 2010 Ridgway YMCA Kids Triathlon results are listed below:

<u>Boys Division</u>			<u>Girls Division</u>		
<u>Age</u>		<u>Time</u>	<u>Age</u>		<u>Time</u>
5-6	1. Skylar Jacko	7:38	5-6	1. Julie Peterson	8:05
	2. Jonathan Hinton	8:55		2. Mika Patterson	8:25
	3. Richie Bulter	10:33			
7-8	1. Paul Gresco	8:52	7-8	1. Taylor Newton	9:23
	2. Jessie Fitch	10:47		2. Anna Butler	10:29
	3. Michael Gresco	11:57		3. Gabbi Rohr	10:30
9-10	1. Bryce Barclay	10:35	9-10	1. Emma Butler	13:07
	2. Isaac Iron Cloud	10:44			
	3. Aaron Hinton	11:17			
	4. Ryan Newton	11:54			
	5. Alex Agosti	14:05			
11-12	None		11-12	None	